

# ENGAGEMENT

## YEARNING TO BE SOMEONE

We all have fears. We all have wants. We all have desires. We all have dreams. We are all on our own adventures. We are afraid of failing. We are afraid of succeeding. We are afraid of what others will think of us. We are afraid of being judged for what we say, for what we do, and for who we are and who we are not.

The more compassion that I have for myself, the more compassion I have for the whole entire human race. The more compassion that I have for you, the more compassion I have for myself. It is impossible for me to have anything but love and understanding for each and every person that I meet, encounter, see, and all of those that I don't and will never know, because I get that when it comes down to it, we all are the same. We are all different versions of each other. We are all human.

What I see, is that the root of all judgments is fear. Fear of unworthiness. Fear of not being enough. Fear of not being accepted, which is really the fear of not being loved. It all comes back to love. It is all a search for love.

All that we really want is to be loved. To be accepted. To be seen. Yet, we are afraid of all of this. We want to be loved, but are too afraid to open up. We want to be loved but are afraid of loving completely. We want to be accepted but are afraid to accept others. We want to be seen, yet are afraid to really show who we are.

Under all of the clothes, whether they be designer duds or goodwill hand me downs, under the skin, whether it be blemished, botoxed or baby soft, we are all the same. We all have struggles. We all battle judgments. It is just wrapped in different packages. When it is all stripped away, what it all comes down to is that all we really want is to be loved.



**Take a few moments and watch the music video "Back to Life" by Paradise Fear.**

**Pay close attention to the lyrics. What does this song tell us about the importance of "being someone"?**

<https://www.youtube.com/watch?v=wV4Fxdexwzc>

1 In your opinion, what does it look like to be “someone”? What does this include?

2 If the yearning for acceptance is prevalent in our own lives, do you think it is enhanced or decreased in the life of the person that you serve?

3 What would it look like for the individual you serve to feel like they are “someone”? Be as specific as possible.